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LIVE LIFE • DON'T LOSE IT

ARE YOU
COVERED?

TRAVEL INSURANCE

Never travel without travel insurance

Make sure you are adequately covered by insurance. Check things like the excess – the amount you pay towards any claim. Look for independent advice on the internet such as <https://www.moneysavingexpert.com/travel-insurance/>.

Some activities are classed as high risk and may not be covered – always check small print.

Your travel company is a great source of advice and help.

Get a [Global Health Insurance Card \(GHIC\)](#) – it's free and provides access to state medical care in many destinations. However, it's not accepted in every country and will not pay for repatriation to the UK if you are seriously ill, so it's very important to get travel insurance as well.

Label your luggage clearly in case of loss.

Make a list of all items in suitcase and take a copy, leaving one at home too. This may help in calculating cost of loss if suitcase cannot be found. Photograph and / or make a note of Serial / Model numbers of valuable items such as Smart Phones or Laptops.

Leave a copy of your travel details with your next of kin or an emergency contact.

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